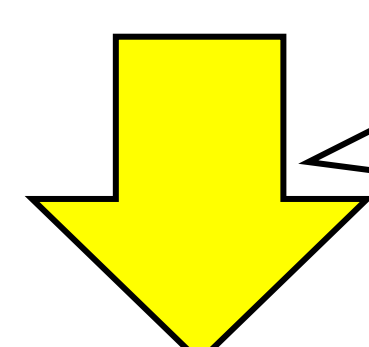


## Abstract

Considering the self-interaction of bosonic scalar Ultra-Light Dark Matter (ULDM) relaxes the constraints on its particle mass, typically estimated to be around  $\sim 10^{-22} \text{eV}$ . We calculate the dynamical friction (DF) coefficient for a steady-state circular orbit induced by the gravitational wake of ULDM using multipole expansion. In the strong self-coupling regime, the leading-order term for the Mach number, only arising in the dipole term ( $l=1$ ), closely matches the full-order calculation. Applying these findings to the Fornax dwarf spheroidal galaxy (dSph) and its globular clusters (GCs), and assuming a DM halo density profile in the Thomas-Fermi limit, we provide a plausible explanation for the extended lifetime of Fornax GCs. Furthermore, considering self-interaction can reduce the DF force, and further increases their lifetime.

## Self-Interacting ULDM

$$S = S_{\text{EH}} + S_{\phi} = \frac{1}{16\pi G} \int d^4x \sqrt{-g} R + \int d^4x \sqrt{-g} \left[ -\frac{1}{2} g^{\mu\nu} (\partial_{\mu}\phi)(\partial_{\nu}\phi) - \frac{1}{2} m_a^2 \phi^2 - \frac{\lambda}{4} \phi^4 \right]$$



$$ds^2 = -(1+2\Phi)dt^2 + (1-2\Phi)\delta_{ij}dx^i dx^j$$

$$\phi(\vec{x}, t) = \frac{\hbar}{\sqrt{2m}} [\psi(\vec{x}, t) e^{-im_a c^2 t/\hbar} + \text{c.c.}]$$

**Gross-Pitaevskii-Poisson (GPP) System**

$$\begin{cases} -\frac{\hbar^2}{2m_a} \nabla^2 \psi + m_a \Phi_0 \psi + \frac{\hbar^3 \lambda}{2m_a^2 c} |\psi|^2 \psi = i\hbar \frac{\partial \psi}{\partial t} \\ \nabla^2 \Phi_0 = 4\pi G m_a |\psi|^2 \end{cases}$$

• Madlung formalism  $\begin{cases} \psi(\vec{x}, t) = \sqrt{\rho(\vec{x}, t)/m_a} e^{i\theta(\vec{x}, t)} \\ \vec{v}(\vec{x}, t) = (\hbar/m_a) \nabla \theta(\vec{x}, t) \end{cases}$  introduces two pressure terms on ULDM fluid.

Self-Interacting Pressure  $P = \frac{\lambda \hbar^3}{4m_a^2 c} \rho^2$

Quantum Pressure  $Q = -\frac{\hbar^2}{2m_a^2} \frac{\nabla^2 \sqrt{\rho}}{\sqrt{\rho}}$

$$\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho \vec{v}) = 0, \quad \frac{\partial \vec{v}}{\partial t} + (\vec{v} \cdot \nabla) \vec{v} + \nabla \Phi + \frac{1}{\rho} \nabla P + \frac{\nabla Q}{\rho} = 0,$$

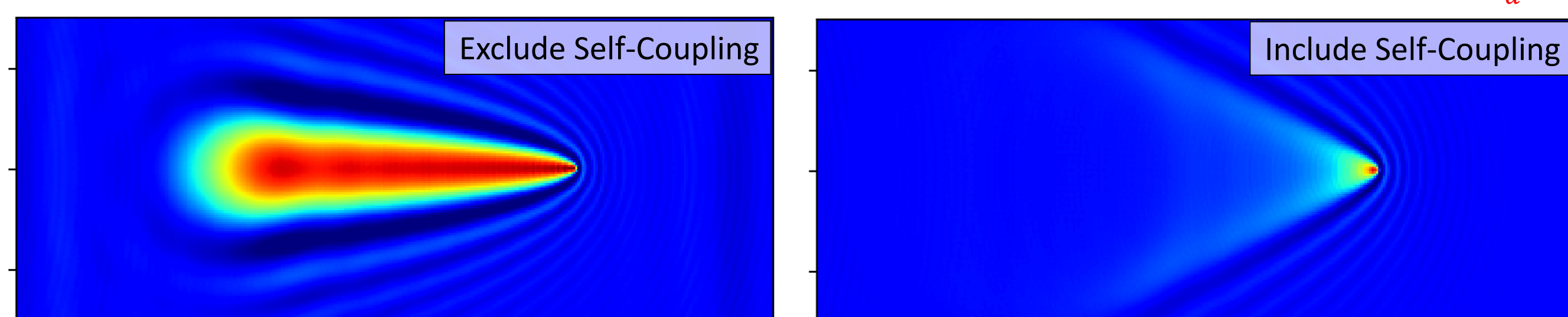
## DF Force from Linear Perturbation

• Linear density perturbation  $\alpha(\vec{x}, t) \equiv \rho(\vec{x}, t)/\bar{\rho} - 1$  by perturber's potential  $\Phi_P(\vec{x}, t)$  is represented by Green function method.

$$\alpha(\vec{x}, t) = \int d^3 \vec{x}' dt' G(\vec{x} - \vec{x}', t - t') \nabla^2 \Phi_P(\vec{x}', t')$$

$$G(\vec{R}, \tau) = \int \frac{d^3 \vec{k}}{(2\pi)^3} \frac{d\omega}{2\pi} \frac{\exp[i(\vec{k} \cdot \vec{R} - \omega\tau)]}{\frac{\hbar^2 k^4}{4m_a^2} + c_s^2 k^2 - \omega^2}$$

Sound Speed of ULDM Fluid  $c_s^2 = \frac{\lambda \hbar^3}{2m_a^2 c} \bar{\rho}$



**Figure 1** Density perturbation  $\alpha(\vec{x}, t)$  woken by linear motion of point particle  $\vec{x}_p(t) = (v_0 t)\hat{x}$  is numerically simulated by using pseudo-spectral method. [N.Glennon et al. 2312.07684]

• For circularly moving point particle inside ULDM fluid with Mach number  $\mathcal{M} = v_p/c_s$ , the dynamical friction (DF) force  $\vec{F}_{\text{DF}}(t) = \bar{\rho} \int d^3 \vec{x} (\nabla \Phi_P) \alpha(\vec{x}, t)$  is given by

$$\vec{F}_{\text{DF}}(t) = -4\pi \bar{\rho} \left( \frac{GM_P}{v_p} \right)^2 [\Re(\mathcal{J}) \hat{r}(t) + \Im(\mathcal{J}) \hat{\phi}(t)]$$

Effective DF Coefficient  $C_{\text{DF}}$

$$\mathcal{J} = \mathcal{M}^2 \sum_{l=1}^{\infty} \sum_{m=-l}^{l-2} (-1)^{m+1} \frac{(l-m)!}{(l-m-2)!} \frac{S_{l,l-1}^m - S_{l,l-1}^{m-1}}{\Gamma(\frac{1-l-m}{2}) \Gamma(\frac{3-l+m}{2}) \Gamma(\frac{2+l-m}{2}) \Gamma(\frac{2+l-m}{2})}$$

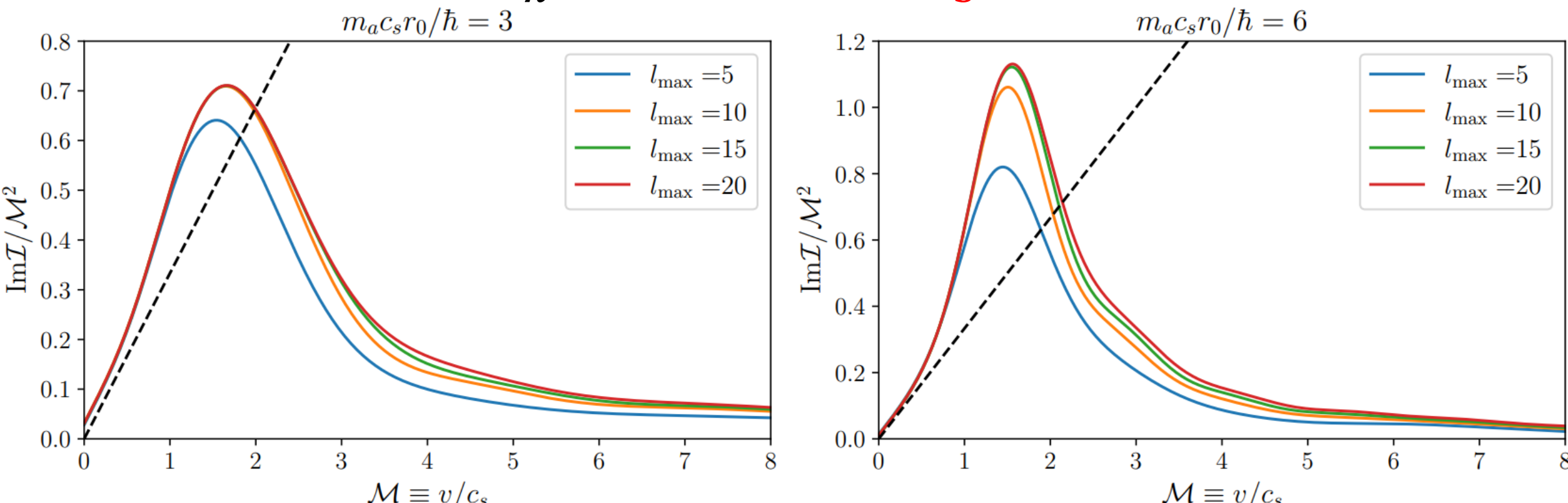
$$S_{l,l-1}^m = \begin{cases} \frac{\pi i}{2\sqrt{1+m^2/l_q^2}} [j_l(l_q \mathcal{M} f_m^-) h_{l-1}^{(1)}(l_q \mathcal{M} f_m^-) - j_l(i l_q \mathcal{M} f_m^+) h_{l-1}^{(1)}(i l_q \mathcal{M} f_m^+)] & (m > 0) \\ \frac{-\pi i}{2\sqrt{1+m^2/l_q^2}} [j_l(l_q \mathcal{M} f_m^-) h_{l-1}^{(2)}(l_q \mathcal{M} f_m^-) + j_l(i l_q \mathcal{M} f_m^+) h_{l-1}^{(1)}(i l_q \mathcal{M} f_m^+)] & (m < 0) \\ \frac{\pi}{2(4l^2 - 1)} - \frac{\pi}{2} j_l(2i l_q \mathcal{M}) h_{l-1}^{(1)}(2i l_q \mathcal{M}) & (m = 0) \end{cases}$$

where  $l_q \mathcal{M} = m_a c_s r_p / \hbar$  and  $f_m^{\pm} = 2\sqrt{1+m^2/l_q^2} \pm 2$ . [V.M.Gorkavenko et al. 2408.00104]

## Leading-Order Approximation

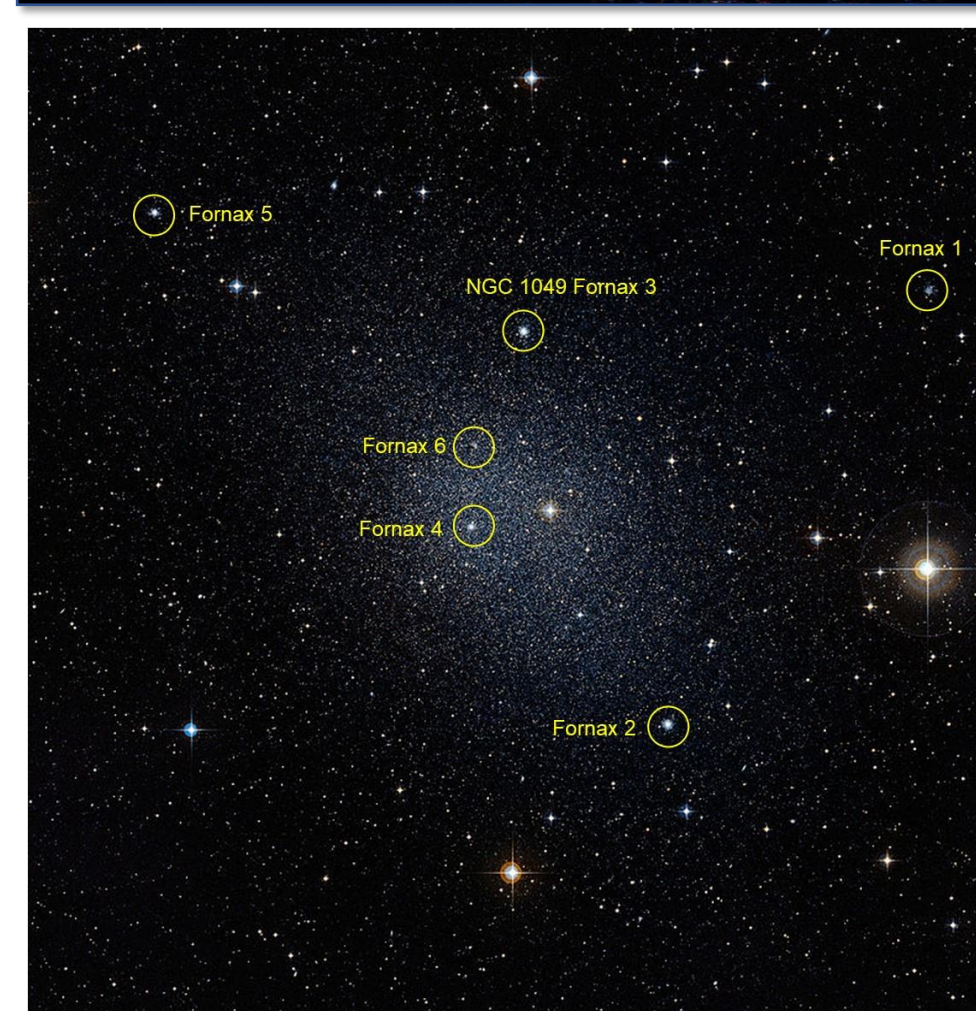
• The leading-order term of DF coefficient only appears in  $l=1$ .

$$\overline{\Im(\mathcal{J})} = -\frac{2}{\pi} \mathcal{M}^2 \Im(S_{1,0}^{-1} - S_{1,0}^0) = \frac{1}{3} \mathcal{M}^3 + O(\mathcal{M}^5)$$



**Figure 2** DF coefficient divided by square of Mach number,  $\Im(\mathcal{J})/\mathcal{M}^2$  for maximum multipole  $l_{\text{max}} = 5 \sim 20$  and  $m_a c_s r_p / \hbar$ . Dashed black line represents the leading-order approximation of  $\overline{\Im(\mathcal{J})}/\mathcal{M}^2 \approx \frac{1}{3} \mathcal{M}$ , which is only valid in the "subsonic" regime  $\mathcal{M} < 1$ .

## Application to Fornax dSph & GCs



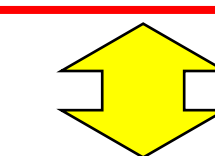
**Figure 3** Digitized Sky Survey 2 image of Fornax dwarf spheroidal galaxy and its globular clusters.

• The observed globular clusters (GCs) orbiting around Fornax dwarf spheroidal (dSph) have individual "Lifetime".

$$\tau_{\text{fall}} = \frac{M_P v_P}{F_{\text{DF}}} = \frac{v_P^3}{4\pi \rho G^2 M_P C_{\text{DF}}}$$

Observational Result

$$\tau_{\text{fall}} \sim 10 \text{Gyr} \text{ [M.-Y.Yang et al. 1809.07801]}$$



CDM-based Prediction

$$\tau_{\text{fall}} \sim 1 \text{Gyr} \text{ [K.S.Oh et al. ApJ 531 (2000) 727]}$$

### "Timing Problem of Fornax GCs"

[S.D.Tremaine, ApJ 203 (1976) 345]

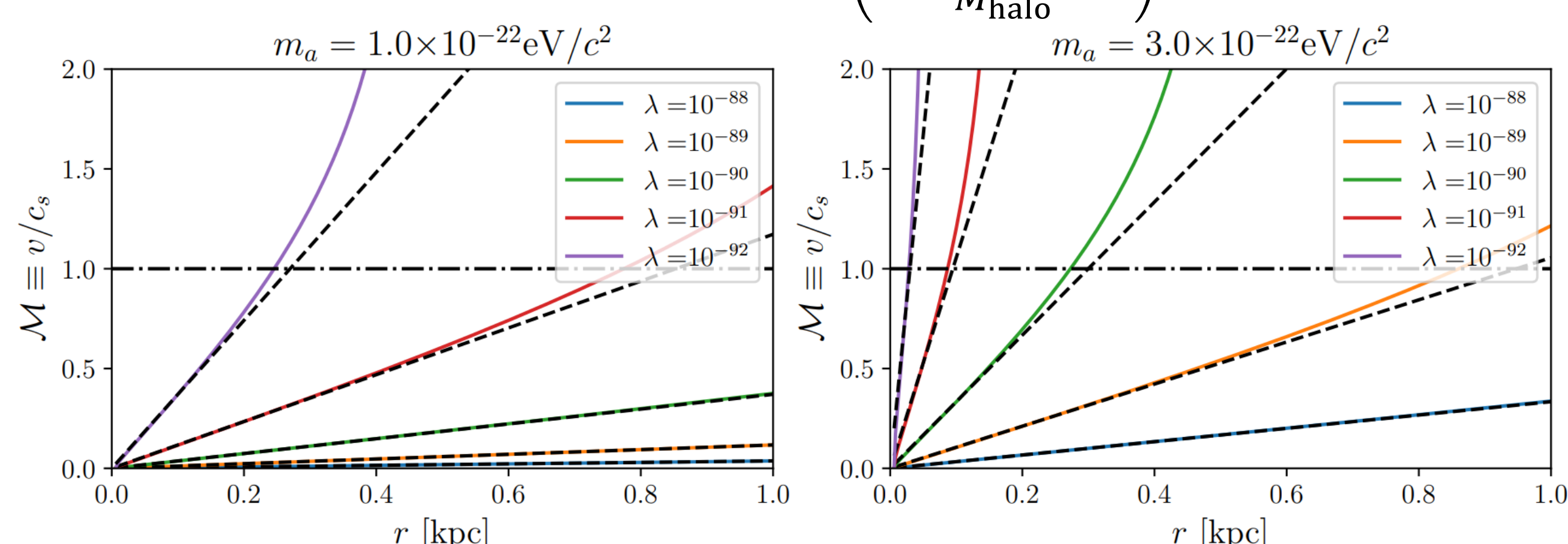
Object	dSph	GC1	GC2	GC3	GC4	GC5
$M_P$ [ $10^5 M_{\odot}$ ]	1420	0.37	1.82	3.63	1.32	1.78
$R_p$ [kpc]	-	1.6	1.05	0.43	0.24	1.43

**Table 1** Data for the Fornax system: mass and radial distance of GCs [D.R.Cole et al. 1205.6327]

• Thomas-Fermi (TF) limit, neglecting quantum pressure for fluid eq. is used for modeling DM halo of Fornax dSph.

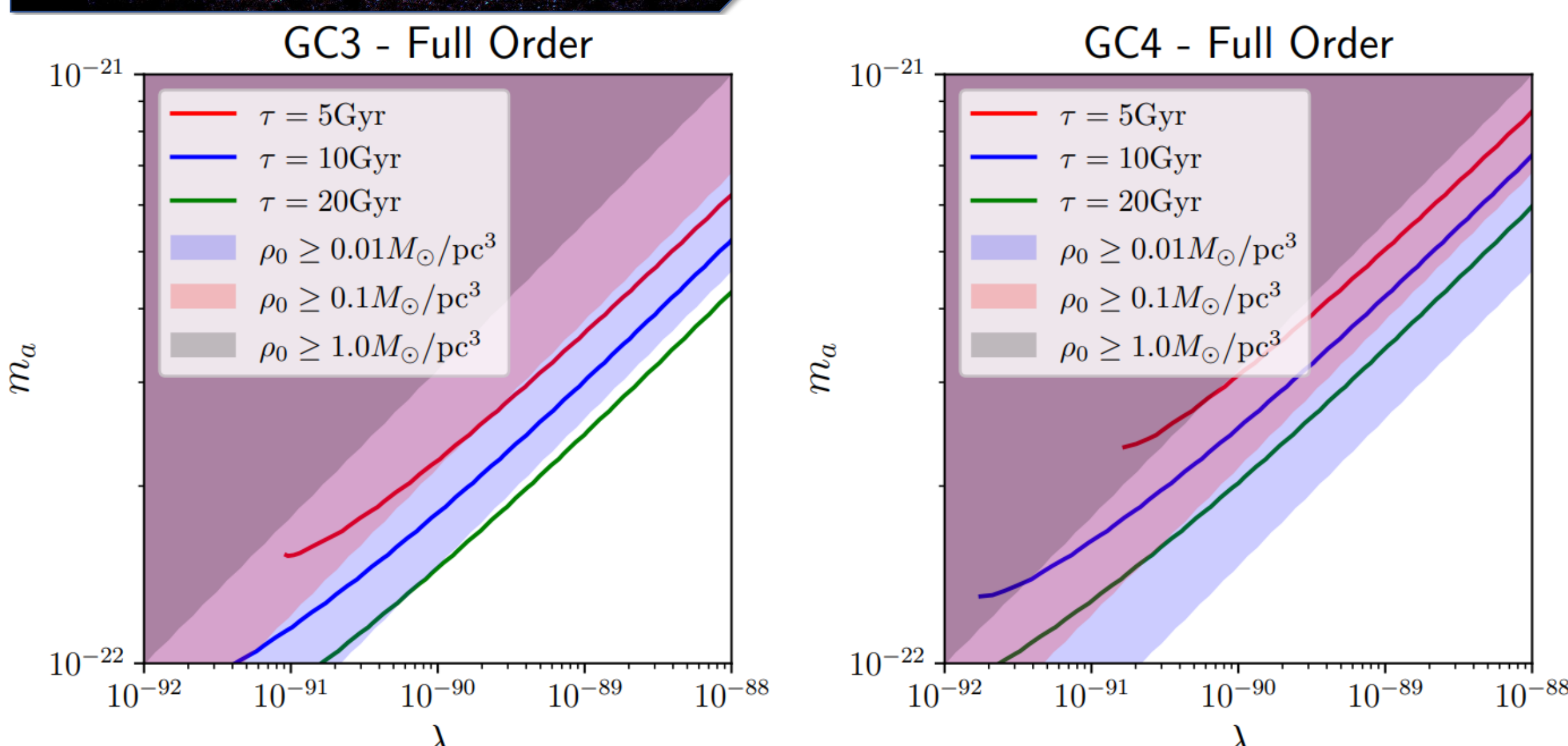
$$\rho(r) = \frac{\pi M_{\text{halo}} \sin(\pi r/R_{\text{TF}})}{4R_{\text{TF}}^3 (\pi r/R_{\text{TF}})} \Rightarrow R_{\text{TF}} = \sqrt{\frac{\pi \hbar^3 \lambda}{8G m_a^4 c}}$$

• Scaling relation of fluid eq.  $\Rightarrow$  TF-limit is valid in  $R_{\text{TF}} \gg R_Q \equiv \frac{\hbar^2}{GM_{\text{halo}} m_a^2}$ . [P.-H.Chavanis 1103.2050]

$$\lambda \gg 1.513 \times 10^{-92} \left( \frac{1.42 \times 10^8 M_{\odot}}{M_{\text{halo}}} \right)^2$$


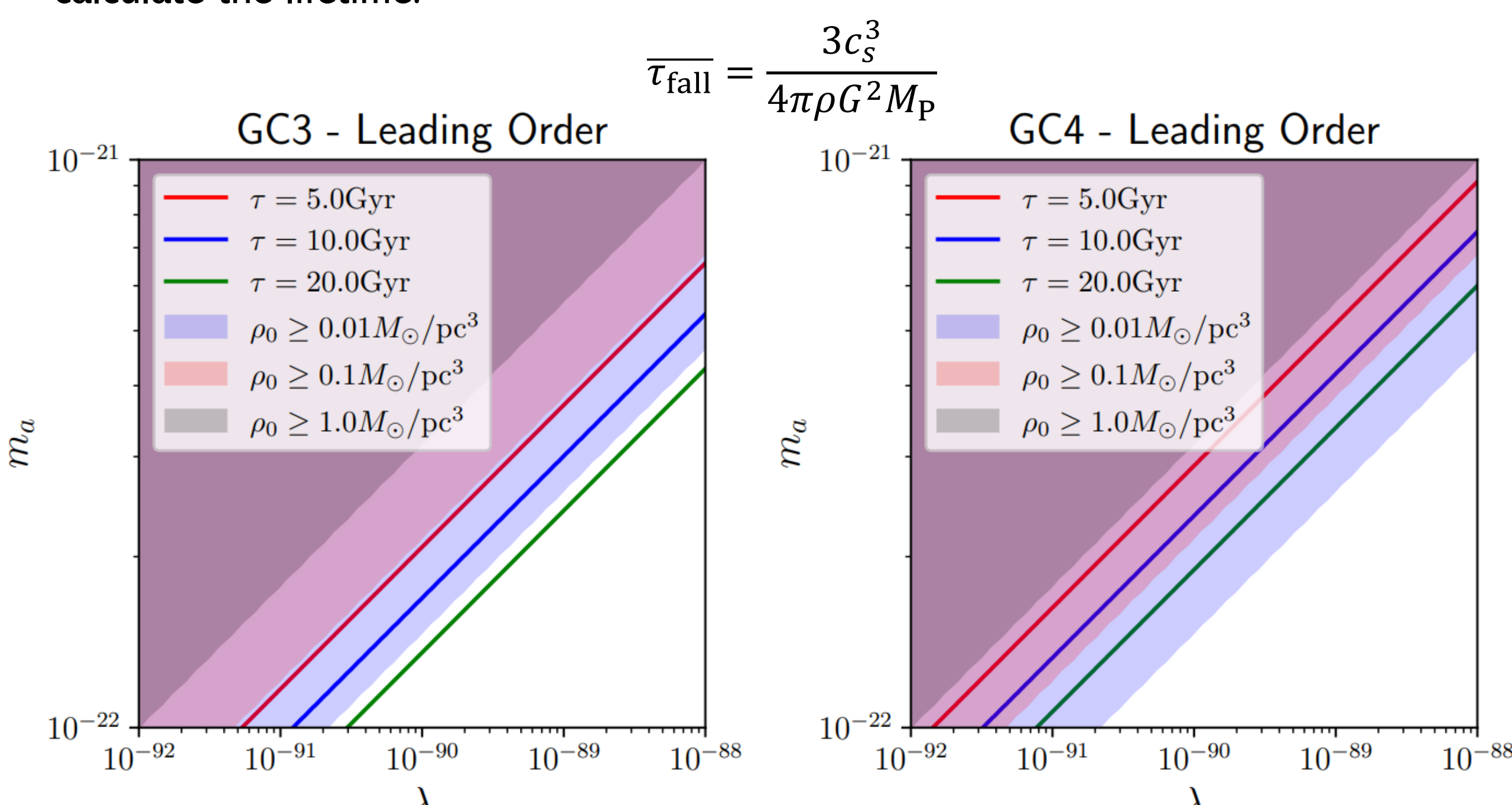
**Figure 4** The Mach number  $\mathcal{M}$  as a function of the radial distance  $r$ . For sufficiently large  $\lambda$  and small  $m_a$ ,  $\mathcal{M} < 1$  is satisfied at  $r$  corresponding to the radial distance of GC3/4 from dSph.

## Parameter Space



**Figure 5** Parameter space in ULDM particle mass  $m_a$  vs self-coupling constant  $\lambda$  for various lifetimes  $\tau_{\text{fall}}$  of GC3/4 and DM halo central density  $\rho_0$  of TF-limit-profile Fornax dSph. Maximum multipole  $l_{\text{max}} = 20$  is used.

• Instead of  $\Im(\mathcal{J})$ , leading-order DF coefficient  $\overline{\Im(\mathcal{J})}$  is useful for  $\mathcal{M} < 1$  to simply calculate the lifetime.



**Figure 6** Parameter space of leading-order approximated lifetimes  $\overline{\tau_{\text{fall}}}$ . These results match well with the calculation of  $\Im(\mathcal{J})$  with  $l_{\text{max}} = 20$  for  $\lambda \geq 10^{-90}$ .

• Assuming the Fornax dSph central density has a range of  $10^{-2} \leq \rho_0 [M_{\odot}/\text{pc}^3] \leq 10^{-1}$ ,  $m_a$  and  $\lambda$  are simultaneously constrained as:

$$4.680 \text{eV} < \frac{m_a}{\lambda^{1/4}} < 6.869 \text{eV}$$

Object	CDM	ULDM, SI X	ULDM, SI O
GC3	0.62	2.2	4.27~15.23
GC4	0.37	10	13.06~42.79

**Table 2** Lifetimes[Gyr] of GC3/4 for CDM, ULDM without/with self-interaction. Left two columns are taken from [L.Hui et al. 1610.08297] with  $m_a = 3 \times 10^{-22} \text{eV}$ . From above constrain,  $\lambda$  has a range of  $[3.638 \times 10^{-90}, 1.689 \times 10^{-89}]$ , so that determines  $\overline{\tau_{\text{fall}}}$  at the last column.

• Considering self-interaction in ULDM could extend lifetimes of Fornax GCs predicted by CDM, much more than ULDM without self-interaction.